

# KEEPING YOUR KIDS SAFE ON THE INTERNET

Technology & the internet connect people worlds apart, allowing us to accomplish things never thought possible!

For your kids, it provides an opportunity to learn, explore the world & socialize with friends. But there are also dangers that come along with the internet. By talking to your kids, educating them & putting safeguards in place, you can help them have safer digital experiences.

## To protect your kids on the internet:

Tell them to never give out identifying information such as name, address, neighborhood, phone number, school information or extracurricular activities.

Set reasonable time limits on computers & devices. Have rules around where devices live & can be used.

Talk to older kids about sexting & cyberbullying. Explain the long term consequences of sending sexual messages & pictures.

Let your kids know you'll respect their privacy, but you will periodically monitor use, including emails, photos, messaging & apps



Below are a few tools to make monitoring easier:

**FamilyTime:** You can customize control options for the precise content or behaviors you want to prevent & block/allow certain apps.

**Questodio:** This app offers a dashboard that shows you recent activity for any connected device-including time spent on apps & sites while allowing you to filter sites.

**Circle by Disney:** This product covers all devices connected to the wi-fi network without installing controls on each device. You can apply filters, time limits, & pause wi-fi on a device.



Information provided by Darkness to Light  
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